



# You're Enrolled! Better You, Better Ohio!

Your next steps guide



# Step 1: Login to your account

Note: All images are samples.  
Actual pages online may be different due to ongoing enhancements.

Type [MyActiveHealth.com/BetterYouBetterOhio](https://myactivehealth.com/betteryoubetterohio) into your browser. Click on "Create an Account" then complete the registration.

## Need assistance?

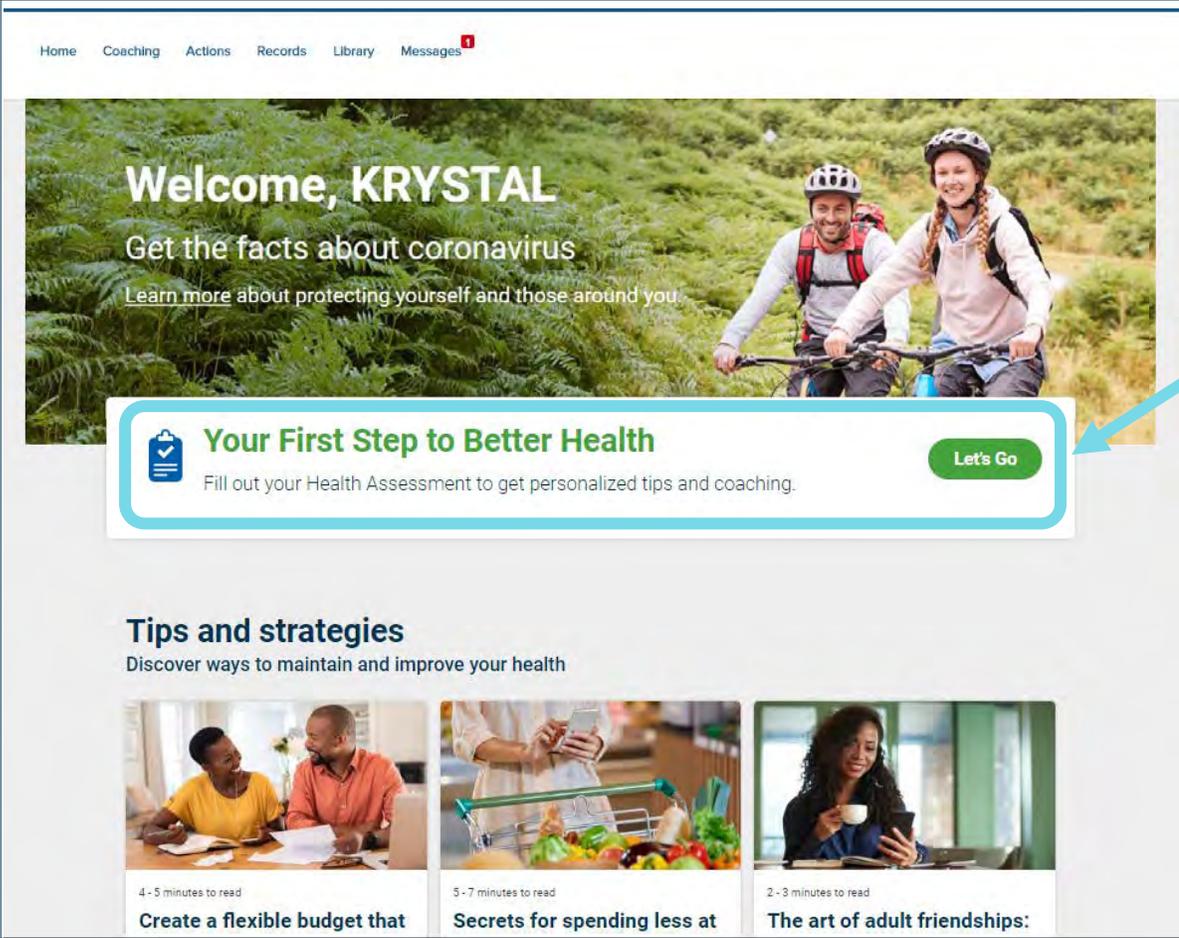
Call 855-0206-1306

or email [ahmbyboinquiries@activehealth.com](mailto:ahmbyboinquiries@activehealth.com)

The screenshot displays the MyActiveHealth website interface. At the top left, there are logos for "Better You Better Ohio" and "ActiveHealth Management", along with a "Español" language option. The main heading reads "Let's help you on your path to better health." Below this, a navigation bar contains a "Member Sign In Here" button and a "Create an Account" button. The "Create an Account" button is highlighted with a blue callout box. The registration form is titled "Begin Your Registration Below" and includes a progress indicator with "Step 1" selected. The form fields are: "Legal First Name\*", "Legal Last Name\*", "Date of Birth\*" (with a calendar icon), and "ZIP Code/Postal Code\*". A "Submit" button is located at the bottom of the form. The background of the registration form shows a smiling woman and a child.

# Step 2: Log in and complete your health assessment on your personal health website

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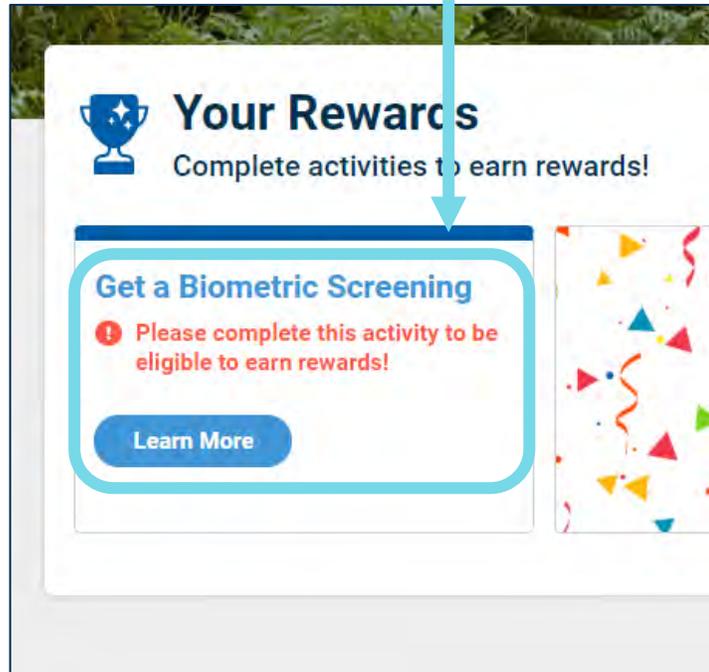
Click **Let's Go** to start your health assessment.

# Step 3: Get ready for your biometric screening

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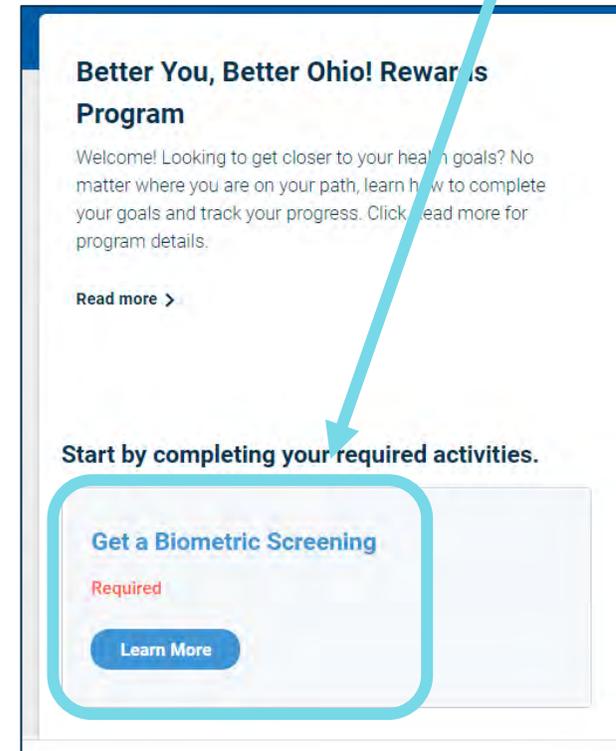
Click on "Learn More" in the Get a Biometric Screening tab or from the Rewards page.

Click from the home page.



OR

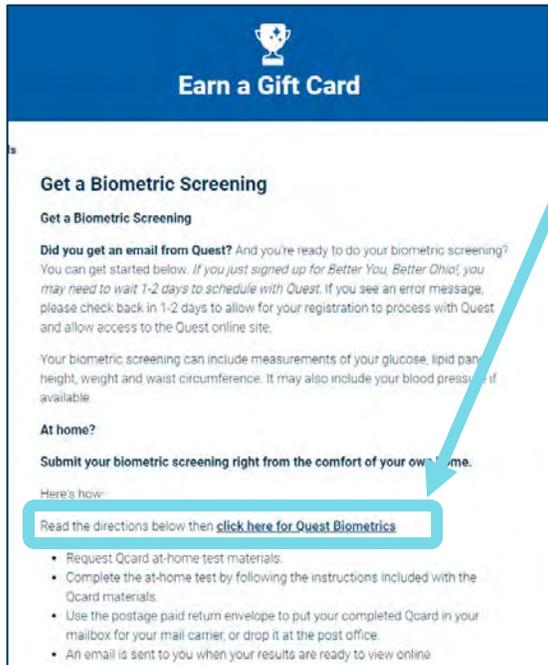
Click from the rewards page.



# Step 4: Choose your biometric screening option

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Now that you are on the Get a Biometric Screening page select your screening option.

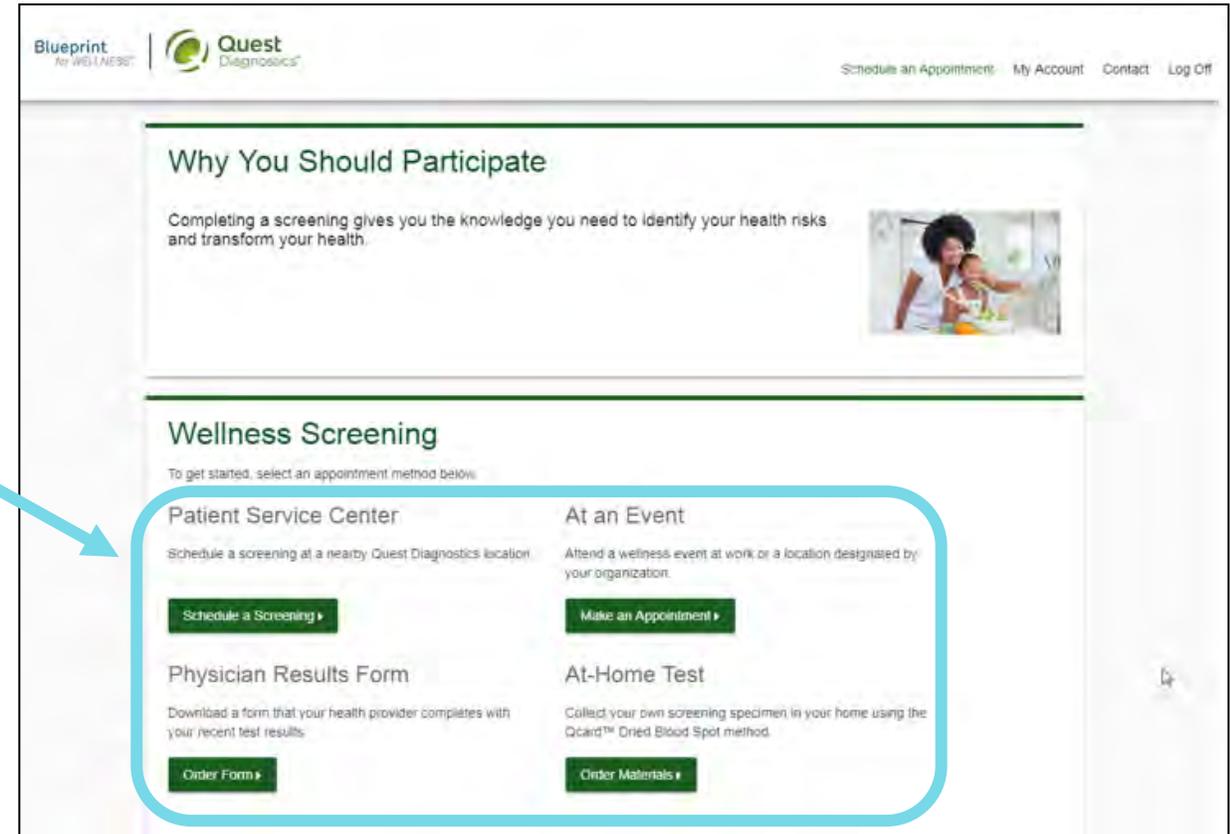


Once you're in the Rewards section of your personal health website, click the link that says **click here for Quest Biometrics**.

A page will open that shows your choices for your biometric screening. Pick the one that works best for you. If your employer is offering an onsite screening select "At an Event."

**If you have questions about the biometric screening, please contact the Quest Service Center:**

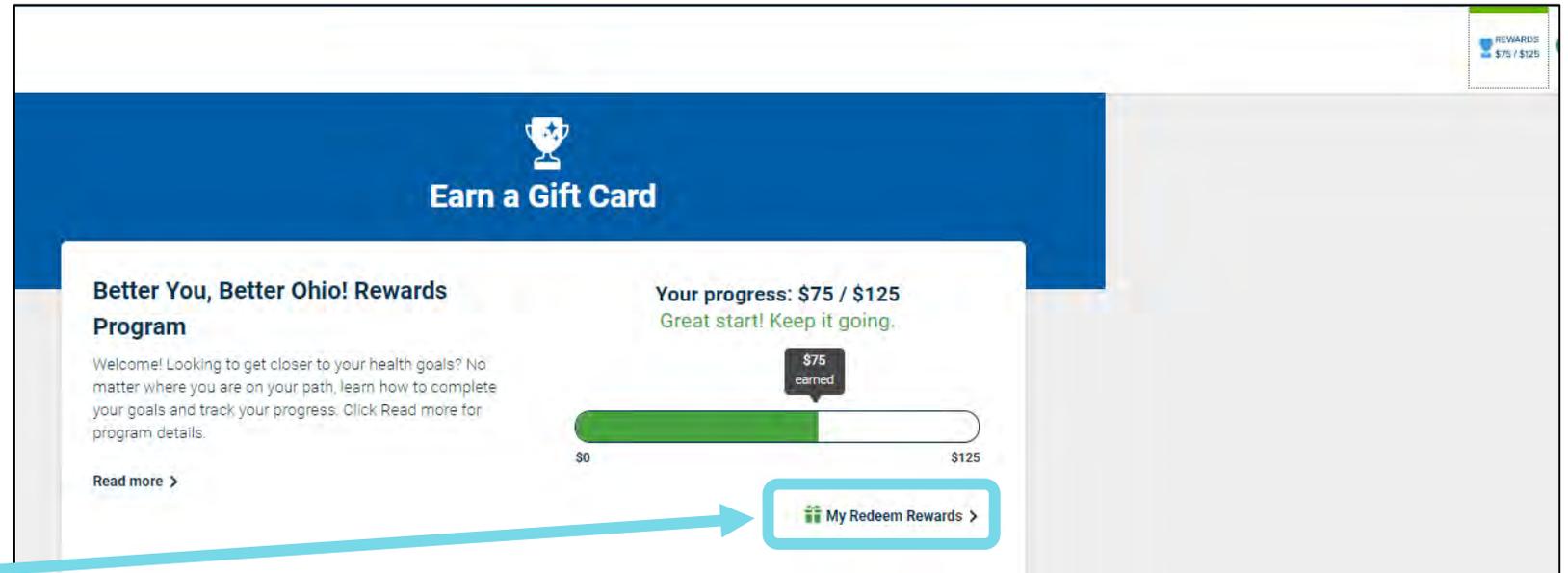
855-6-BEWELL (855-623-9355) Monday - Friday, 8:00 AM - 9:30 PM ET Saturday 8:30 AM - 3:00 PM ET



# Step 5: Completed your health assessment and screening? Redeem your \$75 reward once your biometric screening results have posted to your personal health website

Once your health assessment is complete and your biometric screening results are posted to your personal health website, you can redeem your reward. Depending on the type of biometric screening you submitted, it can take up to 2-4 weeks for the screening result to appear on your personal health website.

To redeem your reward, log in at [MyActiveHealth.com/BetterYouBetterOhio](https://MyActiveHealth.com/BetterYouBetterOhio). Click on **REWARDS** on the upper right, and then click on **My Redeem Rewards**.



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# Questions? We're here to help.

We're just a click or phone call away:

Call us at 855-206-1306

Or email at [AHMBYBOInquiries@activehealth.com](mailto:AHMBYBOInquiries@activehealth.com)



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Better You, Better Ohio! is brought to you by the Ohio Bureau of Workers' Compensation and ActiveHealth Management.

Your individual health information is private and confidential. We don't share it with your employer. And, we don't share it with the Ohio Bureau of Workers' Compensation.

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